

ROOTS

Supplement Facts

Serving size 1 teaspoon

Servings per container 48

	Amount Per Serving	%DV
Calories	10	
Calories from Fat	10	
Total Fat	1 g	1%†
Polyunsaturated Fat	0.5 g	*
Cholesterol	5 mg	2%†
Total Carbohydrates	<1 g	<1%
Vitamin A (from cod liver oil)	(650 IU) 195 mcg RAE	22%
Vitamin D (as cholecalciferol)	(2000 IU) 50 mcg	250%
Vitamin B6 (as pyridoxal 5'-phosphate)	1 mg	59%
Biotin	150 mcg	500%
Calcium (as calcium glycinate)	10 mg	1%
Magnesium (as magnesium glycinate)	5 mg	1%
EPA (eicosapentaenoic acid)	115 mg	*
DHA (docosahexaenoic acid)	95 mg	*
Genistein (from Japanese Pagoda Tree Extract [<i>Sophora japonica</i>])	10 mg	*
Rosemary Extract (<i>Rosmarinus officinalis</i>) (leaf)	7 mg	*
Pantethine	3 mg	*
Boron (as boron citrate)	500 mcg	*

† Daily Values are based on a 2,000 calorie diet.

* Daily Value (DV) not established.

Other ingredients: Filtered water, cod liver oil, vegetable glycerin, fish body oil (sardine, herring, mackerel, anchovy), citric acid, sunflower seed lecithin, natural flavor (orange), xanthan gum, sodium citrate, potassium sorbate (to maintain freshness), luo han guo fruit extract, sunflower oil, turmeric root extract (natural coloring).