

# ROOTS

## Supplement Facts

**Serving size** 1 vegetarian capsule

**Servings per container** 90

	<b>Amount Per Serving</b>	<b>%DV</b>
Vitamin A (as retinyl acetate, beta-carotene)	(1500 IU) 450 mcg RAE	50%
Vitamin D (as cholecalciferol)	(100 IU) 2.5 mcg	13%
Vitamin E (as mixed tocopherols)	(75 IU) 50 mg	333%
Vitamin K (as phytonadione)	200 mcg	167%
Thiamin (as thiamin HCl)	25 mg	2083%
Riboflavin	20 mg	1538%
Niacin (as niacinamide)	20 mg NE	125%
Vitamin B6 (as pyridoxal 5'-phosphate)	15 mg	882%
Folate (as L-5-methyltetrahydrofolate calcium)	200 mcg DFE	50%
Vitamin B12 (as methylcobalamin)	25 mcg	1042%
Pantothenic Acid (as d-calcium pantothenate)	50 mg	1000%
Shepherd's Purse ( <i>Capsella bursa-pastoris</i> ) (whole plant)	200 mg	*
Chaste Tree ( <i>Vitex agnus-castus</i> ) (fruit)	200 mg	*
Proprietary Blend:	28 mg	*
Peptidase		
Betaine HCl		

\*Daily Value (DV) not established.

**Other ingredients:** Vegetarian capsule (hypromellose), dicalcium phosphate, cellulose.