

# ROOTS

## Supplement Facts

Serving size 1 tablespoon (approx. 15 mL)  
Servings per container 31

	Amount Per Serving	%DV
Calories	35	
Calories from Fat	35	
Total Fat	4 g	5%†
Saturated Fat	1 g	5%†
Polyunsaturated Fat	1.5 g	*
Cholesterol	30 mg	10%
Vitamin E (as d-alpha tocopherol succinate)	4 mg (6 IU)	27%
Niacin (as nicotinic acid)	2.5 mg NE	16%
Vitamin B6 (as pyridoxal 5'-phosphate)	2.5 mg	147%
Calcium (as calcium glycinate)	20 mg	2%
Magnesium (as magnesium glycinate)	10 mg	2%
Zinc (as zinc glycinate)	5 mg	45%
Molybdenum (as molybdenum amino acid chelate)	40 mcg	89%
EPA (eicosapentaenoic acid)	500 mg	*
DHA (docosahexaenoic acid)	350 mg	*
GLA (gamma-linolenic acid)	100 mg	*
Taurine	75 mg	*

†Daily Values are based on a 2,000 calorie diet.

\*Daily Value (DV) not established.

**Other ingredients:** Filtered water, fish body oil (sardine, herring, mackerel, anchovy), vegetable glycerin, evening primrose oil, citric acid, sunflower seed lecithin, natural flavor (orange), xanthan gum, sodium citrate, potassium sorbate (to maintain freshness), luo han guo fruit extract, turmeric root extract (natural coloring).