

# ROOTS

## Supplement Facts

Serving size 2 softgels

Servings per container 60

	Amount Per Serving	%DV
Calories	20	
Calories from Fat	15	
Total Fat	1.5 g	2%†
Polyunsaturated Fat	1.5 g	*
Vitamin E (as d-alpha tocopherol)	(6 IU) 4 mg	27%
Niacin (as nicotinic acid)	2.5 mg NE	16%
Vitamin B6 (as pyridoxal 5'-phosphate)	2.5 mg	147%
Calcium (as calcium glycinate)	20 mg	2%
Magnesium (as magnesium glycinate)	10 mg	2%
Zinc (as zinc glycinate)	5 mg	45%
Molybdenum (as molybdenum amino acid chelate)	40 mcg	89%
EPA (eicosapentaenoic acid)	500 mg	*
DHA (docosahexaenoic acid)	375 mg	*
GLA (gamma-linolenic acid)	100 mg	*
Taurine	75 mg	*

†Daily Values are based on a 2,000 calorie diet.

\*Daily Value (DV) not established.

**Other ingredients:** Fish body oil (sardine, herring, mackerel, anchovy), softgel (gelatin, glycerin, purified water, annatto), borage oil, yellow beeswax, natural lemon flavor, sunflower lecithin.