

# ROOTS

## Supplement Facts

**Serving size** 1 vegetarian capsule

**Servings per container** 90

	Amount Per Serving	%DV
Vitamin B6 (as pyridoxal 5'-phosphate)	12 mg	706%
Folate (as L-5-methyltetrahydrofolate calcium)	700 mcg DFE	175%
Vitamin B12 (as methylcobalamin)	50 mcg	2083%
Magnesium (as magnesium citrate)	60 mg	14%
Black Cohosh Extract ( <i>Cimicifuga foetida</i> ) (root) (standardized to 2.5% triterpene glycosides)	150 mg	*
Dong Quai Extract ( <i>Angelica sinensis</i> ) (root) (standardized to 1% ligustilide)	100 mg	*
Indole-3-Carbinol	50 mg	*
Genistein (from soy isoflavone)	10 mg	*
Daidzein (from soy isoflavone)	10 mg	*
Proprietary Blend:	23 mg	*
Peptidase		
Red Clover Extract ( <i>Trifolium pratense</i> ) (whole grass)		

\*Daily Value (DV) not established.

**Other ingredients:** Vegetarian capsule (hypromellose), cellulose. Contains Soy